## July 31, 2017

## To whom it may concern:

I have been acquainted with JTA Wellness for almost three years and they have exceeded expectations in providing top of the line Nutrition Education and Counseling to my client. I have partnered with them to help develop, and implement, a business model that worked for our organization and for their specific needs.

JTA Wellness has provided the following Onsite services for my client's organization: Onsite Nutrition Counseling and Onsite Lunch and Learns. These activities have continued to increase engagement and participation in Nutrition Education from our employees. Employees continue to provide positive feedback on their experience with Jan Tilley and her staff. JTA has proven to be committed to inspiring employees on their journey to healthy living, all while providing great customer service.

I'm proud to say that JTA has enhanced our organizations Wellness Program and has truly been a game-changer for Nutrition Education and Counseling. They receive my highest endorsement for your Corporate Wellness needs.

If you have any additional questions or need clarification, please feel free to contact me.

Angela Patterson, MS, NASM-PES Blue Cross and Blue Shield of Texas, Wellness Coordinator North East Independent School District

Email: Angela Nemeth@bcbstx.com

Phone: 724-787-4804